

Areas:

Possible framework for investment, building on suggestions from the Active Belfast workshop in Grove Health and Wellbeing Centre could include:

Theme	Area	Indicative activities?
Active Living:	Active Travel	<ul style="list-style-type: none"> • Schemes to encourage a modal shift in transport in Belfast City Council Area • Develop cycle/walkways for safe travel • Scheme to encourage consideration of travel to work/school plans
	Active Workplace	<ul style="list-style-type: none"> • As above - travel to work/school plans • Schemes to encourage the workplace as an active environment
	Active Play	<ul style="list-style-type: none"> • Linking into the Child Friendly City initiative with HUE Group • Evidence based interventions for increasing play
	Active Outdoors	<ul style="list-style-type: none"> • Development of an Active Belfast 'Challenge' • Integration of Active Belfast into regeneration • Schemes to encourage more effective use of parks and open space throughout the Belfast City Council Area
	Active Volunteers	<ul style="list-style-type: none"> • Investment in Walk leaders training
	Active Lifestyle	<ul style="list-style-type: none"> • Scheme to encourage empowerment – enabling people to make the right choices
	Active Schools	<ul style="list-style-type: none"> • Development of 'whole of school' models for school-based and teacher-delivered physical activity programmes.
Active Leisure	Active Leisure Indoors	<ul style="list-style-type: none"> • Home and family-based activity to encourage lifestyle shift and increase activities especially for children
	Active Leisure Outdoors	<ul style="list-style-type: none"> • Schemes to encourage more effective use of parks and open space throughout the Belfast City Council Area • Schemes to make effective use of Active Belfast Activity Hubs throughout the Belfast city Council Area
	Active Neighbourhoods	<ul style="list-style-type: none"> • Build community capacity to support an Active Belfast for example - Walking groups/trained leaders • Scheme to increase pride in the city
	Active Schools Extended	<ul style="list-style-type: none"> • Development of 'whole of school' models for school-based physical activity programmes.